

OPEN KEIKO

Aikido

& Natural Moves



ERIC STEEVES



KLAUS MESSLINGER

Open Keiko

ERIC STEEVES & KLAUS MESSLINGER

The OPEN KEIKO is a cooperation between Aikido Oberursel and Aikido Kelkheim. It is a joint class which is meant to serve the exchange between dojos in the region. Therefore it is open to participants of all schools and styles.

Eric Steeves is 4th Dan Aikido (Seishinkai) and founder of Aikido-Schule Kelkheim. He is particularly interested in natural movements to improve body awareness (<http://aikido-kelkheim.de>, <http://naturalmoves.org>).

Klaus Messlinger is 2nd Dan Aikido (Aikikai Tokyo) and founder of Aikido Dojo Oberursel. His special interest lies with the connection between tori and uke as a live communication in both directions.

Sunday, 25 January 2015
17.30 – 18.00 Natural Moves
18.00 – 20.00 Aikido

Please bring bokken and jo, if available.

Beginners are welcome!

Class is held in German, English and French if requested.

Please contribute 2 EUR towards our dojo fund.

Aikido Oberursel (TV Weisskirchen)
Oberurseler Str. 16
61440 Oberursel
Germany
(ca. 20 mins from Frankfurt)

How to get there:
<http://aikido-oberursel.de/en/location>

Contact:
dojo@aikido-oberursel.de
Mobile +49 (172) 86 36 101 (Klaus)
<http://aikido-oberursel.de>

All participants must accept the dojo's Terms & Conditions for seminar participation (see „Terms & Conditions“ page on our website).
Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V.