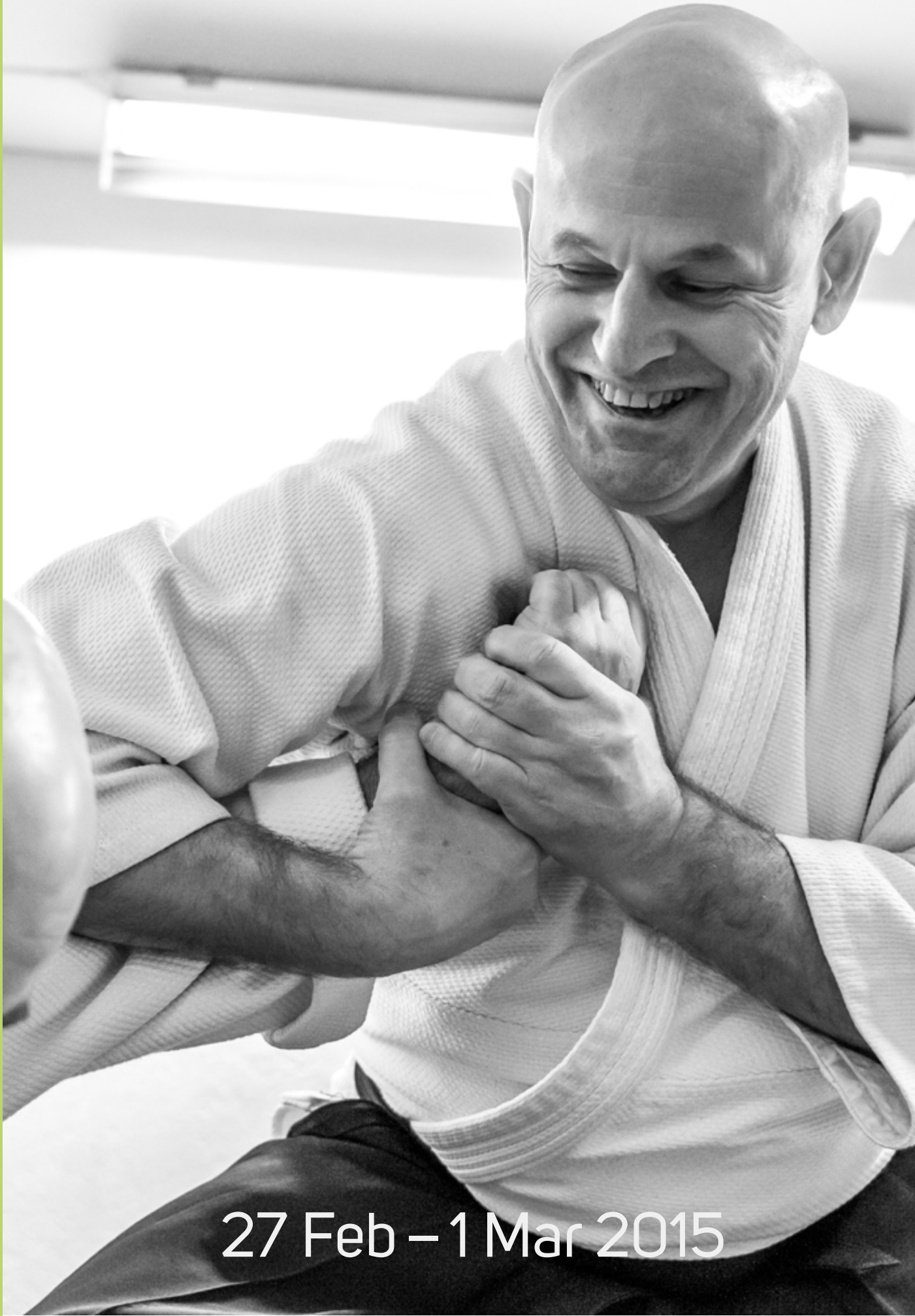


MOULIKO HALÉN



27 Feb – 1 Mar 2015

Aikido Seminar with

MOULIKO HALÉN (Oslo, Norway)

27 February – 1 March 2015 in Oberursel, Germany

Mouliko Halén is 7th dan Aikikai Tokyo and the founder and chief instructor of Sunyata Aikido Dojo in Oslo, Norway.

Mouliko started practising Aikido in 1973. His main teachers are Kobayashi Yasuo shihan and his son Kobayashi Hiroaki, but he is also strongly influenced by Endo Seishiro shihan. Much of his inspiration comes from the continuous exchange with a network of international instructors (Jan Nevelius shihan, Jorma Lyly and others).

Mouliko focuses on the connection and contact awareness between tori and uke. He finds that you can have a good time and still practice seriously. Mouliko holds a 3rd dan in Daitoryu Aiki Jutsu, Roppokai, and a 1st dan in Katori Shinto Ryu.

More information: www.sunyata-aikido.org

FRI - Frankfurt
19.30 – 21.30 Aikido

SAT - Oberursel
10.30 – 12.30 Bokken & Aikido
16.00 – 18.00 Aikido
from 19.00 Party

SUN - Oberursel
11.00 – 13.00 Jo & Aikido

Beginners with basic ukemi skills are welcome!

Please bring bokken and jo.

We have a supply at the dojo that you may borrow for a 5 € contribution to the dojo fund.

Full seminar 60 € (students 40 €)
Single day 35 € / single unit 20 €

Locations:

FRI – Aikido Dojo Frankfurt (Niddahalle SG Nied)
Oeserstr. 74, 65934 Frankfurt am Main, Germany

SAT/SUN – Aikido Oberursel (TV Weisskirchen)
Oberurseler Str. 16, 61440 Oberursel, Germany
(ca. 20 mins from Frankfurt)

How to get there:

<http://aikido-frankfurt.de/en/location>

<http://aikido-oberursel.de/en/location>

Accommodation:

You may drop your sleeping bag at the dojo in Oberursel both nights. The D&B fee is 10 € per night and includes a full breakfast. There is a self-service bar at the dojo that provides drinks at very affordable prices. **Please** get in touch if you arrive on Friday or have special nutrition requirements! We will organise transfer to Oberursel on FRI night.

Please check the „Location“ page on our website for more accommodation options.

Registration procedure:

- **Please** register via e-mail if you stay at the dojo!
- Short notice participation is possible
- Payment in cash on site

Registration contact:

dojo@aikido-oberursel.de
Mobile +49 (172) 86 36 101 (Klaus)
<http://aikido-oberursel.de>

All participants must accept the dojo's Terms & Conditions for seminar participation (see „Terms & Conditions“ page on our website). A printed copy is available at the venue. Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V.

Front page photograph by Sigurd Rage (<http://www.flickr.com/photos/sigurd/r/>)