

XAVIER RAPHAËL



21 February 2016

Compact Aikido Seminar with
XAVIER RAPHAËL (Heidelberg)

21 February 2016 in Oberursel, Germany

Xavier Raphaël teaches aikido in Heidelberg and Mannheim. He holds a 5th dan Aikikai Tokyo.

Xavier started training aikido in 1989. His most influential teachers are Philippe Gouttard, Christian Tissier and Yamashita Takeshi shihan. For the last 10 years he has been teaching in Heidelberg and Mannheim.

For Xavier, aikido is very much about a respectful and helpful exchange between uke and nage. His focus is on building up self-confidence in order to achieve a high degree of freedom in challenging situations.

More information:

<http://www.aikido-gemeinschaft-hd.de>

<http://www.aikido-schule-mannheim.de>

SUN

11.00 – 13.30

Beginners with basic ukemi skills are welcome!

Location:

Aikido Oberursel (TV Weisskirchen)
Oberurseler Str. 16, 61440 Oberursel, Germany
(ca. 20 mins from Frankfurt)

How to get there:

<http://aikido-oberursel.de/en/location>

We will go to a near-by restaurant afterwards - feel free to join us.

Registration contact:

dojo@aikido-oberursel.de

Mobile +49 (172) 86 36 101 (Klaus)

<http://aikido-oberursel.de>

All participants must accept the dojo's Terms & Conditions for seminar participation (see „Terms & Conditions“ page on our website). A printed copy is available at the venue. Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club.