

13 November 2016

# OPEN KEIKO

ERIC  
STEEVES



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KLAUS  
MESSLINGER

## Open Keiko

**ERIC STEEVES & KLAUS MESSLINGER**

The OPEN KEIKO is a cooperation of teachers in the Rhine-Main area. It is a joint class which is meant to serve the exchange between dojos in the vicinity. Therefore it is open to participants of all schools and styles.

Eric Steeves is 4th dan aikido. His focus is on the systematic research into the unity of the body, looking for natural movements and scrutinising habitual postures.

Klaus Messlinger is 3rd dan aikido (Aikikai Tokyo) and founder of Aikido Dojo Oberursel. His special interest lies with a lively connection between tori and uke – alert, but reduced to the essential movement.

Sunday, 13 November 2016  
18.00 – 20.00

Please bring bokken and jo, if available.

Beginners are welcome!

Class is held in German, English and French if requested.

**Location:**

Aikido Oberursel (TV Weisskirchen)  
Oberurseler Str. 16  
61440 Oberursel  
Germany  
(ca. 20 mins from Frankfurt)

How to get there:

<http://aikido-oberursel.de/en/location>

**Contact:**

[dojo@aikido-oberursel.de](mailto:dojo@aikido-oberursel.de)  
Mobile +49 (172) 86 36 101 (Klaus)  
<http://aikido-oberursel.de>

All participants must accept the dojo's terms & conditions for seminar participation  
(see „Terms & Conditions“ page on our website).

Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club.  
We are a non-profit organisation, so all proceedings are used to cover the costs.