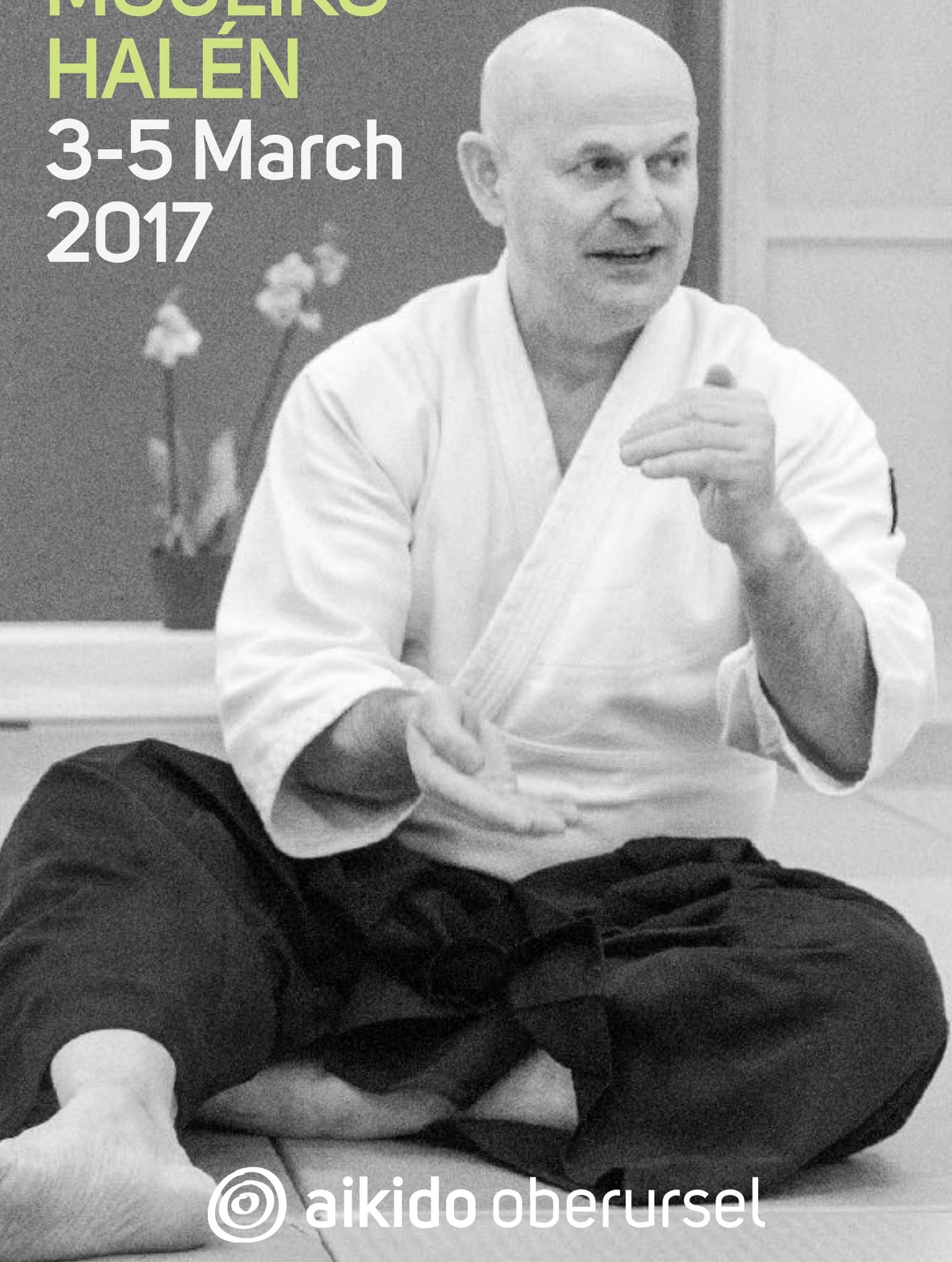


**MOULIKO  
HALÉN**

**3-5 March  
2017**



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# MOULIKO HALÉN

## Aikido Seminar 3 - 5 March 2017

FRI – Frankfurt  
20.00 - 22.00 Aikido

SAT – Oberursel  
10.30 - 12.30 Weapons & Aikido  
16.00 - 18.00 Aikido  
from 19.00 Party at the dojo

SUN – Oberursel  
11.00 - 13.00 Aikido

Beginners are welcome.

**Please bring bokken, jo and tanto.** We also have a supply at the dojo that you may borrow.

Mouliko Halén is 7th dan Aikikai Tokyo and the founder and chief instructor of Sunyata Aikido Dojo in Oslo, Norway.

Mouliko started practising Aikido in 1973. His main teachers are Kobayashi Yasuo shihan and his son Kobayashi Hiroaki, but he is also strongly influenced by Endo Seishiro shihan. Much of his inspiration comes from the continuous exchange with a network of international instructors (Jan Nevelius shihan, Jorma Lyly and others).

Mouliko focuses on the connection and contact awareness between tori and uke. He finds that you can have a good time and still practice seriously. Mouliko holds a 3rd dan in Daitoryu Aiki Jutsu, Roppokai, and a 1st dan in Katori Shinto Ryu.

More information: [www.sunyata-aikido.org](http://www.sunyata-aikido.org)

*Weekend seminars are designed to make you gain experience, deepen your skills and exchange with fellow aikido practitioners from around the world. So please do yourself a favour and attend at least two classes.*

### Location:

FRI – Aikido School Takeshin  
Wächtersbacher Str. 88-90 (rear building),  
60386 Frankfurt am Main, Germany  
Directions: <http://www.takeshin-aikido.de>

SAT/SUN – Aikido Oberursel (TV Weisskirchen)  
Oberurseler Straße 16, 61440 Oberursel, Germany  
(ca. 20 mins from Frankfurt)  
Directions: <https://aikido-oberursel.de/en/location>

### Accommodation:

You may drop your sleeping bag at the dojo. Our D&B service includes a full breakfast. The dojo also has a self-service bar that provides drinks at very affordable prices. Please get in touch to let us know the date and time of your arrival and whether you have special nutrition requirements!

Please check the „Location“ page on our website for more accommodation options.

### Contact:

[dojo@aikido-oberursel.de](mailto:dojo@aikido-oberursel.de)  
Mobile +49 (172) 86 36 101 (Klaus)  
<https://aikido-oberursel.de>

All participants must accept the dojo's terms & conditions for seminar participation (see „Terms & Conditions“ page on our website). A printed copy is available at the venue.  
Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. public sports club.  
We are a non-profit organisation, so all proceedings are used to cover the costs and to reimburse the teacher.