



**ANNA  
WILDER  
HJERPPE**

**5-7 May  
2017**

# ANNA WILDER HJERPPE

## Aikido Seminar 5 - 7 May 2017

FRI  
20.00 - 22.00 Aikido

SAT  
10.30 - 12.30 Aikido  
16.00 - 18.00 Aikido  
from 19.00 Party at the dojo

SUN  
11.00 - 13.00 Aikido

Beginners are welcome.

No weapons needed.

Anna Wilder Hjerppe started her aikido journey in 1994 and is one of the main teachers and founders of the Isshinkai dojo in Umeå/Sweden. She holds a 4th Dan Aikikai Tokyo.

Since the start she has been following the Yamaguchi line of teachers, Christian Tissier shihan, Frank Noël shihan and Seishiro Endo shihan. However, her closest teacher over the years has been Ulf Hjerppe.

In her Aikido she explores the combination of contact/flow and technique. It can be described in words like Aiki, communication and joyful movements.

More information: [www.issinkai.se](http://www.issinkai.se)

*Weekend seminars are designed to make you gain experience, deepen your skills and exchange with fellow aikido practitioners from around the world. So please do yourself a favour and attend at least two classes.*

### Location:

Aikido Oberursel (TV Weisskirchen)  
Oberurseler Str. 16, 61440 Oberursel, Germany  
(ca. 20 mins from Frankfurt)  
How to get there:  
<https://aikido-oberursel.de/en/location>

### Accommodation:

You may drop your sleeping bag at the dojo. Our D&B service includes a full breakfast. The dojo also has a self-service bar that provides drinks at very affordable prices. Please get in touch to let us know the date and time of your arrival and whether you have special nutrition requirements!

Please check the „Location“ page on our website for more accommodation options.

### Contact:

[dojo@aikido-oberursel.de](mailto:dojo@aikido-oberursel.de)  
Mobile +49 (172) 86 36 101 (Klaus)  
<https://aikido-oberursel.de>

All participants must accept the dojo's terms & conditions for seminar participation (see „Terms & Conditions“ page on our website). A printed copy is available at the venue.

Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club.

We are a non-profit organisation, so all proceedings are used to cover the costs and to reimburse the teacher.