

**CATH  
DAVIES**

**17-19**

**November**

**2017**



 aikido oberursel

# CATH DAVIES

## Aikido Seminar 17-19 November 2017

FRI @ GSS  
20.00 - 22.00 Aikido

SAT  
10.30 - 12.30 Aikido  
16.00 - 18.00 Aikido  
from 19.00 Party at the dojo

SUN  
11.00 - 13.00 Aikido

The seminar is suitable for beginners.  
No weapons required.

>> Please register via this link:

<https://aikido-oberursel.de/en/registration?eventID=20171117>

Cath Davies is 6th Dan Aikikai Tokyo from Birmingham/UK.

She started practising aikido in 1981 at the age of 13 under the instruction of David Bushell. After he retired in 1987, she continued to study under Peter Brady Shihan who has been her main technical influence since.

From the late nineties, Cath's aikido practice and development has been strongly influenced by Endo Seishiro Shihan. Her current emphasis is on the importance of maintaining a soft, relaxed body in order to subtly influence uke's posture, keeping them off balance throughout the technique.

More information at  
<http://www.myoshinjuku.org.uk>

*Seminars are designed to deepen your skills and to exchange with fellow aikidokas. The teacher thoughtfully prepares a schedule that is tailor-made for the weekend. Please support us and visit at least two classes.*

### Locations:

FRI – Old gym of the Grundschule Stierstadt (GSS)  
Römerstraße 1, 61440 Oberursel

SAT & SUN – Club house of TV Weisskirchen  
Oberurseler Straße 16, 61440 Oberursel

Oberursel is ca. 20 mins from Frankfurt. Guide to both locations: <https://aikido-oberursel.de/en/location>

### Accommodation:

You may drop your sleeping bag at the dojo. Our D&B service includes a full breakfast. The dojo also has a self-service bar that provides drinks at very affordable prices. Please get in touch to let us know the date and time of your arrival and whether you have special nutrition requirements!

Please check the „Location“ page on our website for more accommodation options.

### Contact:

[dojo@aikido-oberursel.de](mailto:dojo@aikido-oberursel.de)  
Mobile +49 (172) 86 36 101 (Klaus)  
<https://aikido-oberursel.de/en>

All participants must accept the dojo's terms & conditions for seminar participation (see „Terms & Conditions“ page on our website). A printed copy is available at the venue.

Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club.

We are a non-profit organisation, so all proceedings are used to cover the costs and to reimburse the teacher.