## KYU GRADINGS 2018 Preparation Seminar w/ Klaus Meßlinger 23–25 February 2018

## aikido oberursel



## PREPARATION FOR KYU GRADINGS

Seminar with Klaus Meßlinger 23–25 February 2018 FRI @ GSS 19:00–21:00 Aiki-Taiso (optional) SAT 11:00–13:00 Aikido 15:00–17:00 Aikido For the lunch break we order pizza - food and drinks are on the dojo :-) SUN 11:00–13:00 Aikido & Bokken >> Please register via the link below: https://aikido-oberursel.de/kyu1802en	The seminar aims at dojo members who are preparing for kyu gradings. But it is also open to everybody who is interested. The seminar will not cover all required techniques - there is not enough time for this -, but we will go through the main forms and also identify major pitfalls. A particular focus will be on good strategies for grading situations. <u>Please bring your grading curriculum (https://aikido-oberursel.de/en/dojo/downloads)</u> and go through the requirements beforehand, so that you are prepared to ask questions.
Locations: FR – Old gym of Grundschule Stierstadt (GSS) Römerstraße 1, 61440 Oberursel SA & SO – Club house of TV Weißkirchen Oberurseler Straße 16, 61440 Oberursel Directions: https://aikido-oberursel.de/en/location	Contact: dojo@aikido-oberursel.de Mobile +49 (172) 86 36 101 (Klaus) https://aikido-oberursel.de/

All participants must accept the dojo's terms & conditions for seminar participation (see "Terms & Conditions" page on our website). A printed copy is available at the venue. Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club. We are a non-profit organisation, so all proceedings are used to cover the costs and to reimburse the teacher.