

OPEN KEIKO
Eric Steeves &
Klaus Messlinger
25 November 2018



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Aikido with Eric Steeves & Klaus Messlinger
Sunday, 25 November 2018

18.00—20.00 Aikido

The class is suitable for beginners.

Please bring bokken and jo if possible. We have a small quantity at the dojo to borrow.

Please contribute a small amount, e.g. 5 EUR.

>> Please register via this link:

<https://aikido-oberursel.de/ok1811>

Eric Steeves is 4th dan aikido. His focus is on the systematic research into the unity of the body, looking for natural movements and scrutinising habitual postures.

Klaus Messlinger is 3rd dan aikido (Aikikai Tokyo) and founder of Aikido Oberursel. His special interest lies with a lively connection between tori and uke – alert, but reduced to the essential movement.

Location:

TV Weißkirchen club house
Oberurseler St. 16
61440 Oberursel
Germany

(ca. 20 minutes from Frankfurt)

Directions:

<https://aikido-oberursel.de/en/location>

Contact:

dojo@aikido-oberursel.de
Mobile +49 (172) 86 36 101 (Klaus)
<https://aikido-oberursel.de/en/>

All participants must accept the dojo's terms & conditions for class participation (see „Terms & Conditions“ page on our website).
Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club. We are a non-profit organisation, so all proceedings are used to cover the expenses of the teachers, revenues exceeding costs are donated.