

JAN NEVELIUS

25–27 January

2019



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JAN NEVELIUS Shihan

Aikido Seminar 25–27 January 2019

FRI @ LLS
19.30–21.00 Aikido

SAT
11.00–13.00 Aikido
From 13.45 Lunch at nearby restaurant
16.00–18.00 Aikido
From 19.00 Party at the dojo: please contribute
 food (drinks are available at the bar)

SUN
11.00–13.00 Aikido

No weapons required.

Jan Nevelius shihan is a senior student of Endo shihan and Tissier shihan, he also studied for several years in Japan under the late Yamaguchi shihan.

His aikido emphasizes deep connection, freedom of movement, and soft ukemi.

Jan also practises reiki and qiqong, and holds lectures at Stockholm University about stress reduction and Asian medicine. He has recently published a book on mindfulness („Vaken vila“).

Jan is 7th dan Aikikai and teaches at Vanadis Aikido-klubb, Stockholm.

More information: <http://vanadis-aikido.se>

Please register via this link:
<https://aikido-oberursel.de/jan2019>



Locations:

FRI – gym of Landgraf-Ludwig-Schule (LLS)
Rathausstraße 13
61348 Bad Homburg

SAT & SUN – club house of TV Weißkirchen (TVW)
Oberurseler Straße 16
61440 Oberursel

Oberursel is ca. 20 mins from Frankfurt. Guide to both locations: <https://aikido-oberursel.de/en/location>

Accommodation:

You may drop your sleeping bag at our Weißkirchen dojo. A full breakfast is served. The dojo also has a self-service bar that provides drinks at very affordable prices.

Please register via the link above and to let us know the date and time of your arrival and whether you have special nutrition requirements!

Please check the „Location“ page on our website for more accommodation options.

Please note:

Participants should have practised aikido for at least 3–6 months. Admission is from age 14.

Contact:

dojo@aikido-oberursel.de
Mobile +49 (172) 86 36 101 (Klaus)
<https://aikido-oberursel.de/en>

All participants must accept the dojo's terms & conditions for seminar participation (see „Terms & Conditions“ page on our website). A printed copy is available at the venue.

Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club.

We are a non-profit organisation.