



LISA  
LARSSON

7-9 October  
2022

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# LISA LARSSON

## Aikido Seminar 7–9 October 2022

FRI @ Bad Homburg  
19.30–21.00    **Aikido**

SAT  
11.00–13.00    **Aikido**  
From 13.45    Lunch at nearby restaurant

16.00–18.00    **Aikido**  
From 19.00    Party at the dojo: please contribute  
food (drinks are available at the bar)

SUN  
10.00–12.00    **Aikido**

No weapons required.

**Lisa Larsson** is 3rd dan Aikikai and teaches at Vanadis Aikidoklubb, Stockholm (<https://vanadis-aikido.se>).

„Aikido is ever evolving, like most arts: the more I learn, the more the horizon broadens. However, I keep coming back to the relationship between uki and tori, and how to practice in a way that invites curiosity and dynamic movements while still maintaining integrity and softness in both form and connection.

I started practicing aikido at age 16 for Jorma Lyly and Mats Ahlin, and was immediately caught by the depth and beauty of the art. This was in 2003, and within a year I had also found my way to Vanadis aikido club and the teaching of Jan Nevelius. To this day, these three teachers are my greatest inspiration.“

Please register via this link:  
<https://aikido-oberursel.de/lisa2022>

### Locations:

**FRI** – gym of Landgraf-Ludwig-Schule (LLS)  
Rathausstraße 13  
61348 Bad Homburg

**SAT & SUN** – club house of TV Weißkirchen (TVW)  
Oberurseler Straße 16  
61440 Oberursel

Oberursel and Bad Homburg are neighbouring cities, located ca. 20 mins from Frankfurt/Main. How to get there: <https://aikido-oberursel.de/en/location>

### Accommodation:

Unfortunately, it is not possible to sleep at the dojo.

Please check the „**Location**“ page on our website for accommodation options.

### Terms & Conditions:

Participants should have practised aikido for at least 3–6 months. Admission is from age 14.

### Contact:

dojo@aikido-oberursel.de  
Mobile +49 (172) 86 36 101 (Klaus)  
<https://aikido-oberursel.de/en>

All participants must accept the dojo's terms & conditions for seminar participation (see „Terms & Conditions“ page on our website). A printed copy is available at the venue.  
Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club.  
We are a non-profit organisation.