



JAN NEVELIUS Shihan

Aikido Seminar 20–22 January 2023

FRI @ Bad Homburg 19:30–21:00 Aikido

From 21:45 Drinks & food at nearby pub

SAT

10:30–12:30 Aikido 12:45–13:15 Dan gradings

13:15 / 14:00 Lunch reservations at nearby restaurant

16.00-18.00 Aikido

From 19.00 Party at the dojo: please contribute

food (drinks available at the bar)

SUN

10:00-12:00 Aikido

No weapons required.

Jan Nevelius shihan is a senior student of Endo shihan and Tissier shihan, he also studied in Japan under the late Yamaguchi shihan for several years.

Jan's Aikido emphasizes deep connection, freedom of movement, and soft ukemi.

In addition to Aikido, Jan practises reiki and qiqong. He is the author of "Vaken vila", a book on mindfulness.

Jan is 7th dan Aikikai and teaches at Vanadis Aikidoklubb, Stockholm.

More information: https://vanadis-aikido.se

Registration required:

https://aikido-oberursel.de/jan2023

Locations:

FRI – gym of Landgraf-Ludwig-Schule (LLS) Rathausstraße 13, 61348 Bad Homburg

SAT & SUN – club house of TV Weißkirchen (TVW) Oberurseler Straße 16, 61440 Oberursel

Bad Homburg and Oberursel are neighbouring cities, both ca. 20 mins from Frankfurt. Guide to both locations: https://aikido-oberursel.de/en/location

Accommodation:

Please check the "Location" page on our website for a collection of accommodation options.

Participants should have practised aikido for at least 3–6 months. Admission is from age 14.

Contact:

dojo@aikido-oberursel.de Mobile +49 (172) 86 36 101 (Klaus) https://aikido-oberursel.de/en/contact

All participants must accept the dojo's terms & conditions for seminar participation (see "Terms & Conditions" page on our website). A printed copy is available at the venue. Aikido Oberursel is a department of TV 1889 Weisskirchen/Ts. e.V. sports club.

We are a non-profit organisation.